

# Raspberry Swirl

## Nutrition Facts

1 serving per container

**Serving size** 1 popsicle (123mL)

**Amount Per Serving**

**Calories** **170**

**% Daily Value\***

**Total Fat** 5g **6%**

Saturated Fat 3.5g **18%**

*Trans* Fat 0g

**Cholesterol** 20mg **7%**

**Sodium** 30mg **1%**

**Total Carbohydrate** 30g **11%**

Dietary Fiber 2g **7%**

Total Sugars 27g

Includes 24g Added Sugars **48%**

**Protein** 2g **4%**

Vitamin D 0mcg 0%

Calcium 60mg 4%

Iron 0.3mg 2%

Potassium 120mg 2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Cream, Raspberries, Cane Sugar, Water, Raw Cane Sugar, Cultured Cream, Vanilla Extract, Guar Gum

Contains: Milk

Swell Pops

Destin, FL 32541