

Pumpkin Spice Latte

Nutrition Facts

1 serving per container

Serving size 1 popsicle (113g)

Amount Per Serving

Calories 160

% Daily Value*

Total Fat 7g **9%**

Saturated Fat 4.5g **23%**

Trans Fat 0g

Cholesterol 20mg **7%**

Sodium 35mg **2%**

Total Carbohydrate 25g **9%**

Dietary Fiber <1g **3%**

Total Sugars 23g

Includes 20g Added Sugars **40%**

Protein 2g **4%**

Vitamin D 0.2mcg 0%

Calcium 80mg 6%

Iron 0.5mg 2%

Potassium 160mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Pumpkin, Coffee, Cream, Sweetened Condensed Milk, Cane Sugar, Heavy Cream [Heavy Cream, Contains Less Than 0.5% Of: Carrageenan, Mono And Diglycerides, Polysorbate 80], Pumpkin Pie Spice, Guar Gum

Contains: Milk

Swell Pops

Destin, FL 32541