

# Pina Colada

## Nutrition Facts

1 serving per container

**Serving size** 1 popsicle (123mL)

**Amount Per Serving**

**Calories** **160**

**% Daily Value\***

**Total Fat** 7g **9%**

Saturated Fat 6g **30%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 10mg **0%**

**Total Carbohydrate** 25g **9%**

Dietary Fiber 1g **4%**

Total Sugars 19g

Includes 16g Added Sugars **32%**

**Protein** 2g

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 0.4mg 2%

Potassium 20mg 0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Pineapples, Coconut Milk, Water, Pineapple Juice [Ascorbic Acid (Vitamin C), Vitamin E, and Vitamin A], Raw Cane Sugar, Coconut

Contains: Coconut

Swell Pops

Destin, FL 32541