

# Red, White + Blue

## Nutrition Facts

1 serving per container

**Serving size 1 popsicle (89mL)**

**Amount Per Serving**

**Calories 90**

**% Daily Value\***

**Total Fat** 2g **3%**

Saturated Fat 1.5g **8%**

*Trans* Fat 0g

**Cholesterol** 5mg **2%**

**Sodium** 15mg **1%**

**Total Carbohydrate** 19g **7%**

Dietary Fiber <1g **2%**

Total Sugars 18g

Includes 15g Added Sugars **30%**

**Protein** 1g **2%**

Vitamin D 0mcg 0%

Calcium 20mg 2%

Iron 0.1mg 0%

Potassium 60mg 2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Strawberries, Raw Cane Sugar, Pectin, Cream, Blueberries, Water, Cane Sugar, Lemon Juice, Cultured Cream, Vanilla Extract, Guar Gum

Contains: Milk

Swell Pops

Destin, FL 32541