

Avocado + Lime

Nutrition Facts

1 serving per container

Serving size 1 popsicle (123mL)

Amount Per Serving

Calories **120**

% Daily Value*

Total Fat 4.5g **6%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 0mg **0%**

Total Carbohydrate 21g **8%**

Dietary Fiber 3g **11%**

Total Sugars 19g

Includes 17g Added Sugars **34%**

Protein 1g **2%**

Vitamin D 0mcg 0%

Calcium 10mg 0%

Iron 0.1mg 0%

Potassium 170mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Avocados, Water, Raw Cane Sugar, Lime Juice, Pectin

Swell Pops

Destin, FL 32541